

2025-2026 TTC Catalog

CUL 242 Vegetarian and Vegan Cuisine

Lec: 2.0 Lab: 3.0 Credit: 3.0

This course is the study of vegetarian and vegan cuisines. Students will prepare recipes and develop menus that represent specific dietary requirements of these cuisines to include lacto, lacto-ovo, micro- and macrobiotic. Natural dietary supplements are included as part of a healthy eating regimen that excludes animal proteins.

Prerequisite

CUL 112

Course Offered

Fall

Grade Type

Letter Grade

Division

Culinary Institute of Charleston